



TELEHEALTH CONSULTATIONS

Compassionate care on your terms



With SUN, take the first step on a path back to wellness from the comfort of your home with a telehealth consultation. Schedule one today to video chat with a behavioral health specialist who will provide a **no-cost assessment**.

FIVE SIMPLE STEPS TO A NO-COST VIDEO CONSULTATION

- 1 Visit sundelaware.com and click “Schedule a telehealth consultation” at the top of the site
- 2 Fill out and submit a brief patient information form
- 3 Select and request your preferred date/time to talk with a specialist along with a note describing your situation — check for a confirmation email that we received your request
- 4 A SUN representative will call to confirm your appointment soon after we receive your information
- 5 One of our specialists will reach out to you at the scheduled time for a private, HIPAA-compliant video chat* and consultation

SUN’s telehealth consultations will most benefit patients experiencing the following:

- Severe depression
- Anxiety
- Substance use disorders/relapse
- Post-traumatic stress disorders
- Stress (unable to cope with life)

Telehealth consultations are **not** meant for mental health crises or for patients who are a threat to themselves — in those cases, patients should bypass the emergency department and come directly to SUN.

*IMPORTANT: You will need to have a camera. This will be a video chat and not a phone call.

GUIDING YOU ON YOUR JOURNEY TO RECOVERY

Our continuum of care focuses on meeting patients wherever they are in their journey for improved mental health. We work to achieve a level of functioning that is stable so each patient can return to their family, employer and community as a contributing partner.

Mental Health Services

Help when it’s needed most

Co-Occurring/Substance Use Disorder Program

Reclaiming your sense of self

Integrity Program

Helping older adults cope and thrive

Adolescent Program

Helping young people through the struggle

Outpatient Program

A path to recovery and wellness

It’s time to reclaim your life. Schedule your **NO-COST** telehealth consultation at sundelaware.com

Call SUN first. 302-604-5600